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## **OptiFlow / Comfort / Jazz Instructions**

**(For OptiFlow SC, Jazz, Comfort Sleeve & Comfort Plus leg sleeves)**

### **Application of the Lower Extremity OptiFlow/Comfort (Initial Fitting must utilize enclosed stockinette)**

1. Place the OptiFlow/Comfort/Jazz on a flat surface. Position your leg lengthwise on top of the OptiFlow/Comfort/Jazz.
2. While closed, pull the OptiFlow/Comfort/Jazz up the extremity at the Velcro strip. Do NOT pull on foam, use the reinforced area at the Velcro strip\*. Adjust until a snug, comfortable fit is achieved. For personal comfort the Velcro strip can be aligned at any position on the leg.
3. Pull the outer PowerSleeve over the entire length of the OptiFlow/Comfort/Jazz.

**\* Foam will tear if pulled on, use the reinforced area where the large Velcro strip is located. Tears that occur are not deemed a defect and charges will apply for repairs.**

**\*If there is any discomfort while wearing your compression sleeve, remove sleeve and contact your health care provider.**

### **To Remove and Reapply**

1. The outer PowerSleeve must be removed first. The OptiFlow/Comfort/Jazz may then be removed and reapplied again without opening the sleeve by pulling on and off at the Velcro strip only.

**NOTE: Peninsula Medical does not recommend the above garments to be used during any physical activity (i.e. walking, biking, driving). It is designed to be a night time compression device or to be worn during non-ambulatory times. Use only as directed by your advising health care provider.**

## **Cleaning Instructions**

### **Washing**

Hand wash in lukewarm water with a mild liquid dish washing soap. Do not use any soap that contains fabric softeners. Do NOT use Woolite! Do NOT dry clean!

### **Drying**

For strapless garments squeeze out any excess water. For garments with straps, roll a towel up inside the sleeve and pull the straps as tight as possible to allow the towel to soak up any excess water. Now air dry the garment or place it in a dryer on the fluff cycle with **NO** or **LOW HEAT**. For garments with straps make sure that **all straps are closed** in the wearing position. For strapless garments Velcro close the garment in the wearing position. Place a tennis shoe in the dryer with the sleeve to keep it moving around for best results. These garments can take a long time to dry. For ReidSleeve Classic garments we recommend taking a full day to dry them in the dryer. **PowerSleeves included with garments should only be air dried.**

**We offer a complete professional cleaning. Please contact us if you are interested in this service.**